



## The 'IGR CREATOR Course'

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The IGR CREATOR Course utilises the 'Inner Gift Resourcing' approach for self-actualisation practices.

Focus areas include Manifesting with the Law of Attraction, awakening our creative life force and successfully attaining goals and life objectives.

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# The 'IGR CREATOR' Course

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**This Course is suitable for Allied Health Professionals with prior experience in energy healing and a basic understanding of the Law of Attraction.**

## Day 1

- 'Inner Creator' Focus Areas
- An introduction of IGR Clearing Tools
- 'Inner Creator & Inner Critic' Assessment
- 'Inner Critic' & 'Inner Cheerleader' Reflection Exercise & Clearing Process on 2 Topics
- 'Trusting in Existence' Exercise



## Day 2

- Manifesting Self-Assessment & Worksheet
- Identifying your Desired Manifestations
- IGR 'Clearing Resistance' Process
- 'Creative Attitude' Clearing Exercise
- 'Affirmations & Beliefs' Clearing Exercise
- Utopia Exercise: Ideal Thriving Conditions
- 'Future Reality' Visualisation



## Day 3

- Energy Assessment for Manifesting
- Heart Attraction Field Clearing
- 'Opposing Worlds' Exercise
- Balancing Male & Female Polarities
- 'Energetic Support System' Exercise
- Coaching Tools for Manifesting
- Vision Board Drawing Exercise



This Course applies the approach of Energy Clearing Modality 'Inner Gift Resourcing' (IGR) on Creativity, 'Inner Critic' & Manifesting Topics.

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# Booking Formats

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## 1:1 Format or Group Workshops

### Course Format

- **In-Person Option: (3 Days + Mentoring Session)**
- **Online Option: (6 x Half-Days + Mentoring Session)**
- **Manual included**

**1:1 Format (1 Participant): \$1800**

**1:2 Format (2 Participants): \$1100/Person**

**Group Format (3+ Participants): \$750/Person**

### Course Discounts

**If you are an Allied Health Practitioner, who supplies the venue for free, you will receive a discount of \$330.**

**If you are participating in this Training online via Zoom, you will receive a discount of \$330.**

**If you are booking this Course together with the 'IGR Practitioner Training', you will receive a discount of \$110.**

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