



The 'IGR SPIRIT Course'



The IGR SPIRIT Course utilizes the 'Inner Gift Resourcing' approach for working with Chakras and for deepening an individual's connection with their Higher Self.



The 'IGR SPIRIT' Course

This Course is suitable for Allied Health Professionals with prior experience in energy healing and/or chakra work.

Course Preparations: Chakra Self-Assessment Worksheet

Day 1

- Introduction of Chakras (Key Topics & Imbalances)
- Review of Chakra Self-Assessment
- Earth Star / Soul Star Breathing Process
- Intuitive Chakra Drawing
- Intuitive Chakra Assessment & Clearing Process for the 7 Chakras (Root, Sacral, Solar Plexus, Heart, Throat, Third Eye, Crown)



Day 2

- Chakra Themes Assessment
- Chakra Well-Being Chains & Chakra Guardians
- Chakra Spaces & Power Sources
- 'Higher Self' Exercise (Drawing & Guided Journey)



Day 3

- Spiritual Well-Being Dialogue
- Healing Feminine & Masculine Polarities
- The 'Remote Drawing Process'
- IGR Energy Work Toolkit
- IGR Spirit Guide Process
- Mystery Meditation



This Course applies the approach of Energy Clearing Modality 'Inner Gift Resourcing' (IGR) on Chakra & Higher Self Topics.



Booking Formats

1:1 Format or Group Workshops

Course Format

- In-Person Option: (3 Days + Mentoring Session)
- Online Option: (6 x Half-Days + Mentoring Session)
- Manual included

1:1 Format (1 Participant): \$1800

1:2 Format (2 Participants): \$1100/Person

Group Format (3+ Participants): \$750/Person

Course Discounts

If you are an Allied Health Practitioner, who supplies the venue for free, you will receive a discount of \$330.

If you are participating in this Training online via Zoom, you will receive a discount of \$330.

If you are booking this Course together with the 'IGR Practitioner Training', you will receive a discount of \$110.



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